



# ORTHODONTIC INFORMATION GUIDE

Everything You Need to Know to Make an Educated  
Decision on Whether Orthodontics is Right For You

# Welcome and Congratulations!

Dear Friend,

My name is **Dr. Kandhappan Pillai**, and right off the bat, I want to congratulate you on making the wise decision that'll help change your life forever by requesting a copy of this information guide for orthodontics.

My ultimate goal is simple: to give patients smiles that they love. Why? Because in my years of practice, I've found that there's almost nothing that can make as big a difference in your health, self-confidence, and overall quality of life as your smile.

Everything else can be working like clockwork – job situation, family, friends and relationships. But if you can't experience the simple act of savoring the foods you love most or if you're embarrassed to smile or even engage in conversation because of your teeth.

Then no matter how great everything else is going, the real joy you desire is missing.

I've seen patients walk in my doors seemingly ashamed to smile, and later walk out those same doors glowing with a lovely smile as radiant as the sun.

Thanks to the miracles of modern medicine and technology it's now not only possible, it's far more affordable and achievable than you probably have ever imagined.

Whether you're reading this guide for yourself or for a loved one, you're in the right place. We've designed this to provide you with all the necessary information you need to make an educated decision regarding what is best for overall health and happiness.

With all that said, let's get started!

# MEET YOUR DOCTOR



## Dr. Kandhappan Pillai

Dr. Pillai graduated as a dentist in 1998 from Bangalore University in India, then completed his specialty training in Oral Surgery in India from Mumbai University in 2004. He successfully challenged the NDEB equivalency process and went on to acquire the general dentist license in British Columbia. He's also a fellow of the International Congress of Oral Implantology in Chicago, USA.

He has been placing Dental Implants since 2001, and thus, brings vast experience in, not just oral implantology and surgical procedures associated with it, but also his keenness to learn keeps him at the cutting edge of latest developments in his professional sphere. As much as he is an avid student, he's a passionate teacher. He's the chief mentor for ACJ in Dent-Art Training Academy, BC.

He is a caring and affectionate doctor who puts the patient's welfare ahead of everything else. In fact, he ensures that every procedure undertaken is utmost painless. This care and compassionate attitude has led to his patients affectionately calling him Dr. MK.

In his spare time, he loves to chill out with his family and close friends. He enjoys outdoor activities, traveling, hiking, and music.

# What Our Patients Are Saying



★★★★★ 4 months ago

I visited Dr Pillai today for my oral examination. The clinic is located in a convenient location accessible both by public transit and car. The front office staff were helpful and wait time was very less. Dr. Pillai is a great Dental practitioner who gave me so many useful advices for my oral hygiene. The treatment was a pleasant experience and they have all the latest medical equipments to help you. He is friendly, both him and his assistants were caring throughout the whole process. It was a great experience.



★★★★★ 6 months ago

Excellent consultation! I really liked the team and Dr. Pillai's honest advice on treatment for problems. Receptionist team is good in communication. I would highly recommend. Don't give your mouth to unethical other doctors who fills pocket using your free insurance elsewhere, I think many places ! My own experience!!!



★★★★★ a month ago

What can I write that's already not been said in the many excellent reviews already! Dr Pillai is an excellent specialist who truly cares for his patients. He's friendly, extremely knowledgeable and provides the best dental care in Vancouver. The clinic is beautiful , centrally located and has all the latest equipment. The staff, led by Dr Poornima Pillai are exceptionally pleasant, and genuinely helpful. I went with two screaming infants and they were patient with them and even played with them for a few minutes to calm them down.

I can't recommend them enough and I'm so glad that I found my dentist for as long as I stay in Vancouver!

**CALL (604) 256-7328 TODAY TO SET UP YOUR CONSULTATION**

# Do you want to live your best life with the confidence of an amazing smile?

Orthodontics is a very popular way to provide an amazing smile to anyone dissatisfied with the look or functionality of their teeth. More than that orthodontics can help if you have mouth pain due to misaligned teeth. Orthodontics is so popular that you probably know at least a few people who have had it.

We've all heard of orthodontics but have you ever wondered exactly what options you have? Technology has come a long way and now there are a variety of options available.



★★★★★ a month ago

Exceptional Dental Care Experience with Dr. M K Pillai.

I recently had the pleasure of visiting Dr. M K Pillai's dental practice, and I must say it was an outstanding experience from start to finish.

From the moment I walked into the clinic, I was greeted with a warm and friendly atmosphere. The staff at the front desk were very welcoming and ensured that the check-in process was seamless. Their professionalism and genuine concern for patients' well-being instantly put me at ease.

Dr. Pillai himself is an exceptional dentist who exhibits a remarkable level of expertise and dedication. His vast knowledge of dentistry, combined with his gentle and compassionate approach, immediately instilled confidence in me. He took the time to thoroughly explain every step of the procedure, patiently addressing all my concerns and ensuring that I felt comfortable throughout the process.

What truly impressed me was Dr. Pillai's ability to create a calm and relaxed environment in the dental chair. He possesses a rare combination of technical skill and a genuinely caring nature. His steady hand and attention to detail were evident as he performed the dental procedure with precision and minimal discomfort. I felt well-informed and involved in the decision-making process.

The entire team, including the hygienists and dental assistants, worked seamlessly together, ensuring a smooth and efficient experience.

In conclusion, I cannot recommend Dr. M K Pillai and his dental practice enough. From the moment I stepped into the clinic until the completion of my treatment, I experienced nothing but excellence. If you are searching for a highly skilled and compassionate dentist who puts patient comfort first, Dr. Pillai is undoubtedly the best choice. I am grateful to have found such a dedicated professional who has made my dental visits a positive and stress-free experience.

# 6 Common Issues Addressed With Orthodontics

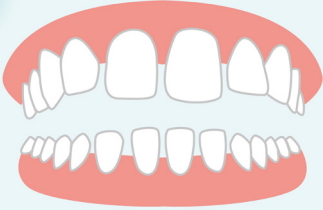
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## CHANGE THE LOOK OF MISALIGNED & CROOKED TEETH

Orthodontics can completely change the appearance of your smile. This includes crooked teeth.

2.



## FILL IN UNWANTED SPACE OR GAPS BETWEEN TEETH

If you have a gap in your teeth that makes you feel self-conscious, there is a solution. Orthodontic treatment can close those gaps for you!

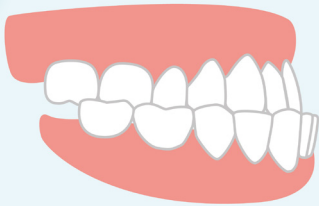
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## CROWDED TEETH

If you have teeth that are crowded and make you not want to smile. Orthodontics can space them out to the straight smile you desire.

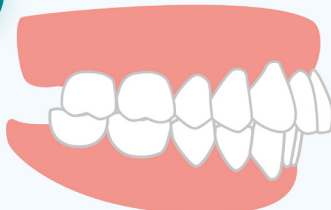
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## REALIGN AN UNDERBITE

Having an underbite can make eating and speaking very difficult. An underbite can easily be fixed with orthodontics.

5.



## REALIGN AN OVERBITE

Overbite can be painful and cause tooth decay, orthodontics can correct this.

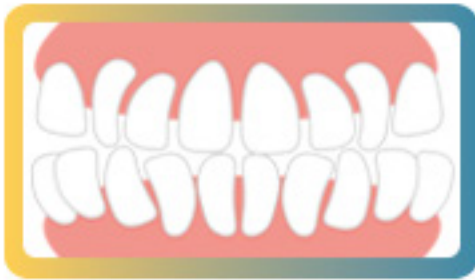
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## ALIGN A MISALIGNED JAW

YES! Orthodontics can even correct misaligned jaws.

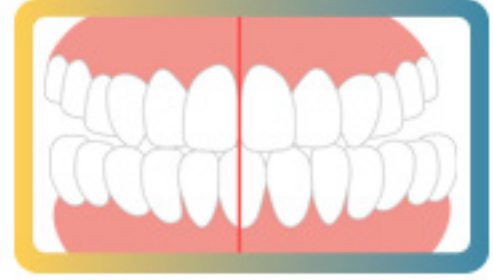
# 6 Common Issues Addressed With Orthodontics



**SPACING**



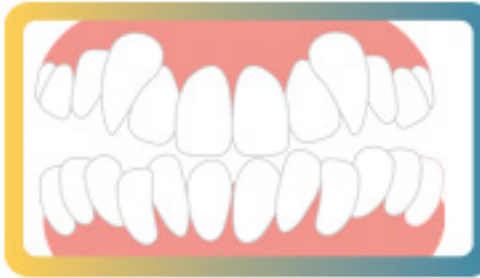
**OVERBITE**



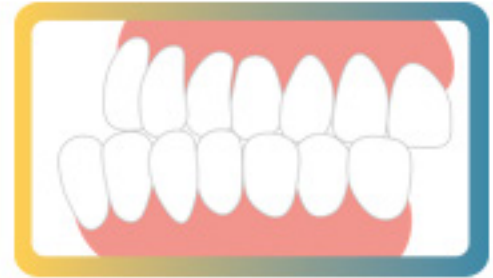
**MISALIGNED JAW**



**OPEN BITE**



**CROWDED AND  
CROOKED TEETH**



**UNDER BITE**

# TOP 5 Misconceptions About Orthodontics



Here's a list of the top 5 misconceptions we've heard from patients. It's important to make sure you have all your facts straight.

- 1. Orthodontic Treatment Is Purely Cosmetic.** While there are cosmetic benefits to receiving orthodontic treatment, there are so many other ways that it can improve your quality of life. Many people who have jaw misalignment or other issues with their bite suffer from poor dental hygiene which leads to bad breath and tooth decay, through no choice of their own. They can also experience jaw pain, chronic headaches, and an elevated chance of Temporomandibular Joint Disorder (TMJ). So yes, there is an obvious cosmetic benefit to receiving orthodontic treatment! But that is far from the only benefit.
- 2. Orthodontic Treatment Only Works For Children.** Many people believe that orthodontic treatment only really works if it is done early in life. But did you know that you can benefit from orthodontic treatment at any age? Many people over the age of 18 come in to receive orthodontic treatment every single day. Usually, the only real requirement for orthodontic treatment is that you have a healthy jaw bone.
- 3. Treatment Length Takes Years To Complete.** The amount of time you will be in treatment will depend on the severity of your issue. Most patients will be in treatment for much less time. This is especially true if the issue is easy to correct, or if the patient is compliant with the doctors recommendations and directions during treatment.
- 4. Orthodontics Will Make Your Teeth Weak.** As long as you are being treated by a professional who excels in orthodontics, orthodontic treatment should not make your teeth weaker, looser, or more likely to fall out. In fact, overall, you are more likely to improve the strength and health of your smile, making you less vulnerable to oral diseases.
- 5. Traditional Braces Are The Only Option.** As far as braces are concerned, there are several options available. If you are concerned with the visibility of traditional metal braces, there are quite a few options available to you.



# What Are The Different Types Of Orthodontics?

How can they help you achieve the smile you've always wanted?

Much of the time, when we think of orthodontics, we think of traditional metal braces. But there are quite a few other appliances that orthodontists use to give patients the smile they deserve.

Let's explore just a few of these appliances:



## CERAMIC BRACES

Also called "clear braces," these are made from tooth colored material. They function in the same way as traditional braces, but they are more subtle and significantly less visible.



## TRADITIONAL METAL BRACES

These are made from a metal material that are the traditional way to do "braces".



## CLEAR ALIGNERS

Clear aligners (like Invisalign) have quickly become an extremely popular option. This is because they are clear and transparent, making it difficult to tell when someone is wearing them. They are also removable and make it easier to maintain your dental hygiene while wearing them.



## PALATAL EXPANDERS

A palatal expander is an orthodontic appliance used to correct discrepancies in jaw width that can affect a patient's bite. It is essentially used to widen the upper jaw and create more room in the mouth in small increments to be virtually painless.



## RETAINERS

Their function is to keep the teeth straight, and are used as a follow up to having any kind of orthodontic treatment. They are called retainers because they "retain" the straightness of the teeth as well as any orthodontic work previously done to the smile.

WHAT OPTION IS RIGHT FOR YOU?

CALL (604) 256-7328 TODAY TO SET UP YOUR CONSULTATION

# Changing Lives Just Like You!



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# HOW DO ORTHODONTICS WORK?

The technology behind orthodontics is actually quite easy to understand for the different treatment options.

## TOOTH

Your tooth is adjusted with minor pushes or pulls from the wire or aligner.

## BRACKET

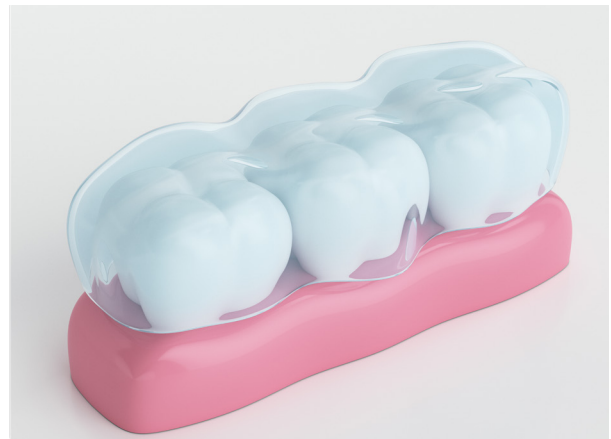
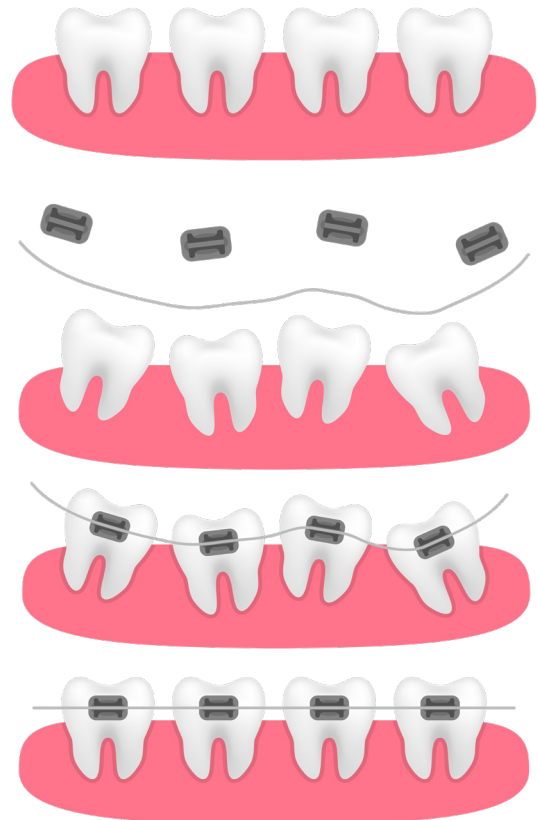
The bracket is the small attachment that goes on your tooth. This can range from a variety of materials.

## WIRE

The wire is connected between the brackets, that allows the doctor to make the micro adjustments.

## ALIGNER

The aligner - acts just like the brace and wire except it can be removed while eating, drinking, and brushing.



# Changing Lives Just Like You!



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# IS ORTHODONTIC TREATMENT RIGHT FOR YOU?

As we have talked about there are so many reasons that people are drawn to the idea of getting orthodontic care. But is it right for you?

Put a checkmark next to any of the following that apply to you:

- I have crowded teeth.
- I have gaps between my teeth that I don't like.
- I have an overbite.
- I have an underbite.
- I sometimes feel embarrassed about my smile.
- My teeth are uneven or misaligned.

Did any of the above resonate with you? If so, you might be a great candidate for orthodontics!

# Factors Affecting Orthodontic Pricing

The first thing everyone asks when considering orthodontics is “how much will it cost?” The answer can depend on many factors that all work together.

## 1. Skill Level / Experience

The basics of safe orthodontic dentistry are actually not that complex. Most dentists can acquire the knowledge to perform orthodontics relatively quickly. Nevertheless, as with any field, experience and continuing education can make a big difference in the actual patient experience and outcomes.

As you might expect, a doctor less experienced and less knowledgeable in this field will accordingly charge lower fees. But this is definitely one area where you don't want to scrimp you want to have confidence that your doctor has the skill level necessary to handle any problems that may arise.

## 2. The Work Needed

Every mouth and every situation is unique, which is why advertising offering “one-sized-fits-all” kinds of deals should be eyed with suspicion. As the old saying goes, “you can't get something for nothing.” So when you see a flat price offered for orthodontics without any consideration given to what the patient, YOU, may actually NEED in order to achieve a glowing smile and a healthy mouth then you can know that the offer is almost certainly “too good to be true.”

The only way to get a final, realistic price on exactly what you need, is to go in for a complete oral assessment that includes a full exam, X-ray, and a detailed analysis based on your current health and your lifestyle goals.

## 3. The Type Of Treatment Needed

While relatively simple in concept, there are many options available when it comes to choosing the right orthodontic option for your unique situation.

Choosing the right type requires interaction between you and your doctor, to make certain your needs medically, esthetically, and financially are all balanced and met.

#### 4. Technology And Equipment

One factor often overlooked in pricing is the overall quality of experience provided through the use of up-to-date systems and technologies. To assess value properly, you must consider details like high quality diagnostic tools, health monitoring equipment, and much more.

Dental technology has advanced dramatically in just the past decade and older patients who once refused to see a dentist due to “less-than-positive” experience as a child are now amazed at how comfortable and pain free modern dentistry can be when the latest tools get paired with modern techniques.

#### 5. Your Unique Health Situation

No two patients are alike, just as no two dentists are alike. The costs associated in achieving the health and appearance you seek and deserve are influenced by your unique and particular medical history.

That is why you should seek the advice of a highly skilled dentist who understands how to evaluate and consider the underlying issues that may affect a person’s suitability for orthodontics.

**CALL (604) 256-7328 TODAY TO SET UP YOUR  
CONSULTATION.**

It includes a full oral health exam, X-ray, and  
much more.

# ORTHODONTIC FINANCIAL INFORMATION



## COST

The pricing range that most cases fall into is large and hard to know specifically without you coming in. Your smile is the gateway to happiness. The investment is worth it and should not be put off.



## INSURANCE

Parts of your procedure may be covered by insurance, though this varies from plan to plan.



## FINANCING OPTIONS

We have financing options available to help you arrange an affordable payment plan that suits your needs. Whatever your budget we'll work with you to make sure you leave our care satisfied.

Because of wonderful financial companies orthodontic care has become affordable for almost anyone on any budget.

To find out more information on whether your insurance can help cover the cost, call us at **(604) 256-7328**





Thank you for taking the time to read this information guide and learn a little more about orthodontics.

Hopefully this guide has answered some of your questions, and helped you as you approach your new road to dental health and your best smile.

We know that things can be confusing, and that you might not know where to start, and that's okay! We are here to help!

If you have any other questions, or want to set up a consultation, please do not hesitate to call!

To your dental health,



**Dr. Kandhappan Pillai**

**(604) 256-7328**

